SONGBIRDS DAY NURSERY - FOUR WEEK MENU

Week 1	Week 2	Week 3	Week 4
Monday **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Sweet & Sour Chicken, mixed veg served with egg noodles Fairy Cakes - Variety of Fruits **Tea** Ham & Cheese Sandwiches – cucumber and carrot sticks	**Monday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Spaghetti Bolognese served with garlic bread slices Strawberry / Banana Angel Delight - Variety of Fruits **Tea** Ham & Cheese Wraps served with cucumber and carrot sticks	**Monday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Fish Fingers, served with vegetable waffles & beans Vanilla ice cream served with wafers & strawberry sauce - Variety of Fruits **Tea** Ploughman's Plater	**Monday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Tomato Pasta, served with garlic bread and a side option of cheese Fairy Cakes - Variety of Fruits **Tea** Chicken savoury rice served with vegetable sticks
Tuesday **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Jacket Potato served with beans and cheese Homemade chocolate sponge cake - Variety of Fruits **Tea** Cream Cheese Bagel served with cucumber	**Tuesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Fish Cakes served with garlic potatoes and garden peas Chocolate Swiss Roll - Variety of Fruits **Tea** Cheese & Tomato Pizza	**Tuesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Lasagne served with garlic bread slices Chocolate Mousse - Variety of Fruits **Tea** Chicken savoury rice served with pepper sticks	**Tuesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Chinese Chicken curry, served with sweet potato fries and peas Vanilla ice cream served with wafers & strawberry sauce - Variety of Fruits **Tea** Ham and Cheese Sandwiches served with cucumber and carrot sticks
Wednesday **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Butter Chicken Curry served with rice and naan bread Jam Swiss Roll - Variety of Fruits **Tea** Ham and Cheese wraps served with Cucumber and Carrot sticks	**Wednesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Mild Chilli Con Carne served with rice and sour cream Homemade Apple Crumble and custard - Variety of Fruits **Tea** Cheese & Crackers served with pepper sticks	**Wednesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Sausage Casserole served with sweet potato mash, vegetables Homemade chocolate sponge cake **Tea** Ham and Cheese Sandwiches served with cucumber and carrot sticks	**Wednesday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Spaghetti Bolognese served with garlic bread slice Strawberry / Banana Angel Delight **Tea** Cream Cheese Bagel served with cucumber
Thursday **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Cottage Pie served with mixed vegetables Varity of Cookies - Variety of Fruits **Tea** Ploughman's Platter	**Thursday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Cheesy Bean Pie served with peas & sweetcorn Vanilla ice cream served with wafers &strawberry sauce - Variety of Fruits **Tea** Ham and Cheese Sandwiches served with cucumber and carrot sticks	**Thursday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Jacket Potato served with beans and cheese Fruit Fromage Frais - Variety of Fruits **Tea** Cheese and Tomato Pizza	**Thursday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Sausage & Mash served with carrots and peas Homemade Apple Crumble and custard - Variety of Fruits **Tea** Ham and Cheese wraps served with Cucumber and Carrot sticks
Friday **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Fish Fingers, served with vegetable waffles & beans Chocolate Mousse - Variety of Fruits **Tea** Cheese and Tomato Pizza	**Friday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Tomato Pasta, served with garlic bread and a side option of cheese Fruit Fromage Frais - Variety of Fruits **Tea** Ploughman's Platter	**Friday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Chicken Korma served with rice and naan bread Jam Swiss Roll - Variety of Fruits **Tea** Cream Cheese Bagel served with cucumber	**Friday** **Breakfast** Wholegrain cereal, Ready Brek, fruit & wholemeal toast **Snack** Fruit Platter, Apple, Banana, Pear and Orange - Stewed fruit for under 1's Crackerbreads & Butter **Lunch & Dessert** Fish Cakes served with garlic potatoes and garden peas Varity of Cookies - Variety of Fruits **Tea** Cheese and Tomato Pizza Fingers